



3. List some ideas you've had for the next phase of your career. Write down everything and anything that has occurred to you without censoring yourself. Let yourself dream and don't limit your ideas by listening to the little voice inside your head that tells you all the reasons why this or that won't work.

4. List some of the reasons why you think some of your ideas might not work. What obstacles or limits do you expect to face? What are your biggest fears? (Now is the time to let that little voice inside your head speak!)