

6 Steps to Effective, Loving Discipline with Toddlers and Preschoolers



**Wednesday, February 27
9:15am - 10:45am**

**Full Circle Family Care
1241 Mamaroneck Avenue**

Do you sometimes feel that your kids are ruling the roost? Learn techniques to take control and create the positive family environment you desire.

This 90-minute workshop includes:

- The optimal mindset for parents to effectively communicate with their young children
- How to give effective warnings and commands to young children
- How to better understand your child's behavior
- How to promote positive behaviors
- how to handle aggression in young children

Fee: \$30 per person. To register, call Full Circle reception at 914.421.1500. Class size is limited. Call now to reserve your space.

Kathleen Cuneo, Ph.D. is a psychologist, parent coach, and mom of 3. Her mission is to help parents raise happy and healthy kids – without making themselves or their kids crazy! Optimizing the healthy development of children and families has been the focus of Dr. Cuneo's training and professional experience. She earned her doctoral degree in Applied Developmental Psychology from Fordham University and has been working with children and families for over two decades.