

How to Raise Happy Kids Who Care About Each Other



**Wednesday, March 6
9:15am - 10:45am**

**Full Circle Family Care
1241 Mamaroneck Avenue**

Raising one child is challenging enough. Adding another child to your family presents a whole new set of challenges.

This 90-minute workshop includes:

- How to prepare your child for a new sibling
- How you, as a parent, can promote positive sibling relationships
- Some concrete strategies for managing sibling rivalry and conflict
- Strategies for enhancing individual parent-child relationships when you have more than one child

Fee: \$30 per person. To register, call Full Circle reception at 914.421.1500. Class size is limited. Call now to reserve your space.

Kathleen Cuneo, Ph.D. is a psychologist, parent coach, and mom of 3. Her mission is to help parents raise happy and healthy kids – without making themselves or their kids crazy! Optimizing the healthy development of children and families has been the focus of Dr. Cuneo's training and professional experience. She earned her doctoral degree in Applied Developmental Psychology from Fordham University and has been working with children and families for over two decades.



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(914) 421-1500 www.fullcirclefamilycare.com (one half mile north of the Hutchinson River Parkway)